

BEAR EATS

Bear Eats O.G.

Small Plates

Mushroom & Truffle Arancini VEG Hand crafted Mushroom & Truffle

Hand crafted Mushroom & Truffle
Arancini served with Spicy Slaw &
Confit of Garlic Mayo

Tomato & Mozarella Arancini VEG

Hand crafted Tomato and Mozzarella Arancini, served with Spicy Slaw & Tomato chilli jam

Korean Spice Arancini

VE

Hand crafted Korean Spice Arancini, served with Spicy Slaw & Sticky Korean Sauce

Polenta Chips Veg/VE, GF

Bear Eats Parmasean Polenta Chips, served with Spicy Slaw, Bear Eats Chilli Jam and confit of Garlic Mayo (Vegan option availble)

8.5	Olives	4.
8.5	Padron Peppers VE, GF	!
	Pan fried Padron Peppers, Chilli Salt	
	Caponata Bruschetta	

VE Toasted Sourdough, slow cooked aubergine, Tomato, peppers, onion,

olives, capers, celery and basil

8.5 Fishcake with pickled Fennel and Dill Salad

Home-Made Cod Fish Cake with fennel, lemon and dill salad and tar tar sauce

Caprese Salad 8 VEG, GF

8

Traditional Caprese Salad, tomato, buffalo mozzarella and basil pesto

Lemon and Cherry 'Mess' 7

Zingy Lemon mousse with, cherry, meringue and oat biscuits

Choc Fudge Mousse Pot 7

Rick chocolate mousse, Vanilla fudge and shortbread

6